NSS ACTIVITIES OF CEG ANNA UNIVERSITY

The NSS cell is the one of the vibrant unit of CEG Anna University and implements NSS programme through 12 funded units with more than 1200 Volunteers.

The activities of NSS mainly focused on Technology transfer to rural mass and help the rural youth. Community services rendered by University level students have covered several aspects like adoption of villages for intensive development work, mass tree plantation, Yoga Programme, Clean India activities, technology transfer Programmes, technologies for rural development, various training Programmes for self-help groups and rural youth etc., Considering the benefits Anna University has made NSS Compulsory at UG level for the first two years.

National Level Programs:

- One NSS Volunteer participated in the International Student Exchange program.
- Few NSS Programme Officers and NSS Volunteers attended the various National level program i.e. National Integration Camp, Adventure Camp, National Youth Festival, etc.
- CEG NSS won the cash prize award in National Young Leaders Programme held on 02.03.17.
- The NSS of CEG was selected to adopt 5 villages under **Unnat Bharat Abhiyan Scheme** which is funded by Govt of India.
- Organized various Govt of India Programs like Swatchh Bharat Abhiyan, SBSI, Digital India Programme etc

State Level Programs

- One NSS Volunteer participated in the State Republic Day Parade held at Chennai.
- The NSS successfully conducted the State level Youth Parliament program and state level Digital India Program
- The Workshop on Preparation towards National/State awards for the benefit of NSS volunteers and NSS Programme officers.

Notable activity of NSS CEG

- E-Governance Creation For NSS by Volunteers: nss.annauniv.edu
- Hon'ble Governor of Tamilnadu launched the Massive Tree Plantation Program with a motto of "One Tree One Student" and successfully planted more than 3,00,000 saplings throughout Tamil Nadu.
- As per advice of Governor of Tamilnadu, NSS CEG organized the skill development program for the NSS Volunteers.
- The CEG NSS received the "Best NSS Unit award", "Best NSS Programmed Officer" and "Best NSS Volunteer award" organsied by Anna University.
- PFMS Training for all Programme Officers
- The NSS seven days camps was organized at 12 adopted villages during every year in the month of May/June.
- Literacy with regard to water and land, and child education were given.
- One day training on "Computer Literacy to Rural People" Under UGC-12 plan. 200 peoples were benefited through this programme.
- Paintings of a few social buildings like temple and a school took place.
- Chairs were donated to the government school.
- Donated blood to cancer institute and blood bank.
- **Donated 150 plates** to the government school students for their lunch.
- **Donated medicine** to cancer institute.
- Donated 100 bed clothes to children home for their needs.

Durable assets creation and other achievements:

- Literacy with regard to water and land, and child education were given.
- Water tank erected in Kadappakkam primary school.
- Paintings of a few social buildings like temple and a school took place.
- Chairs were donated to the government school.
- Donated placards to primary school.
- Donated blood to cancer institute and blood bank.
- Donated **150 plates** to the government school students for their lunch.
- Donated **medicine** to cancer institute.
- Participated a 14th All India Inter-University National Integration
 Youth Camp at Pune, Maharashtra (India)

Workshops/ Seminars organized related to NSS:

- Organized One day training on "Computer Literacy to Rural People" Under UGC-12plan. Around 200 peoples were benefited through this programme.
- Organized One day orientation programme on NSSto our volunteers.
- Organized One day programme on "Awareness on Go Plastic" for our NSS volunteers.
- Organized One day programme on "Awareness on Aides and Cancer" for our NSS volunteers.
- Organized One day programme on "Awareness on Tree Plantation" for our NSS volunteers.
- Organized One day programme on "Awareness on Votes" for our NSS volunteers.
- Organized rally to celebrate the "National Youth day" for Swami Vivekanandha 150thBirth Aniversary.
- Organized to celebrate "Gandhiji birthday" in our college.
- Organized rally to celebrate the "Road Safety Week".
- Organized a programme on "Rain Water HarvestingAwareness" for our NSSvolunteers.
- Organized to celebrate "Independent day" celebration in our college.
- Organized to celebrate "Republic day" in our college.
- Organized One day programme on "Non-conventional energy sources" in our college.
- Organized One day programme on "Non-conventional energy sources" in our college.
- Organized One day programme on "World Suicide Prevention Day" in our college.
- Celebrated one day "National day for the mentally retarded persons" in our College.
- Organized two day programme on "First Aid and Disaster Management" to ourvolunteers and village people.
- Organized two day programme on "International Day of Yoga" to our volunteers and village people.
- Organized two day programme on "Swachh Bharat Abhiyan" to our volunteers and village people.

Massive Tree plantaion program - "ONE STUDENT ONE TREE"

The Honourable Chancellor and Governor of TamilNadu have initiated a massive treeplantation programme in the main campus of Anna University.

In continuation of the advice of Honourable Governor, NSS of Anna University has adopted the concept of "One Student One Tree". Anna University including main campus, constituent college and affiliated colleges have planted the total saplings of more than 3,00,000.

All the trees are well maintained by providing drip irrigation system and all the trees have well grown.

Honourable Governor of Tamil Nadu and Minister for Higher Education initiated a massive tree plantation programme in the main campus of Anna University.

Blood Donation Camp: DROPS OF HOPE - 'spread your red'

Nobody can do everything, but everybody can do something. The 'everybody' of Anna University, did the 'something' of donating blood at the Blood Donation Camp organized by Anna university along with Alumni Association of CEG and Rotary Club of Madras on 21st July 2016 at Alumni Centre from 09:00 to 16:00 hours for the Children hospital, Egmore.



The Camp started with enormous response from students of CEG. Though many were eager to donate blood and save lives, their health conditions did not support to it. The weight, height, hemoglobin, RBC, WBC and every other aspect to become a healthy donor was checked by the Government Blood Bank team with extreme accuracy by which many willing donors got eliminated too.

People who believed that **you need not be a doctor to save life**, gave their precious presence and participation in the blood camp for which they were Provided a certificate along with refreshments and also signature on a billboard hung by the our Unit Team. Nearly 175 fit students and faculties of our college

(with more than 400+ registrations) donated one unit of blood to the Children hospital.

The successful camp was followed by speech of Aluminies of Alumini Association CEG. As a reward for the hard work, Prasanna Kumar, one of the best office bearers of the NSS Unit IV and Nithisha of NSS Unit XII was awarded the Best NSS Volunteer by the Alumni Association of CEG. The award was in honour of Prof. K. S. Hegde on his birthday.

Digital India Program





State level Workshop on Digital India was organized in the TAG Auditorium, Anna University, Chennai – 600025 on 25.02.16. The participants from different colleges ie NSS Programme officer and NSS Volunteers of the Anna University have attended the workshop. Totally more than 240 volunteers participated in the workshop.

International Youth Exchange Programme

Ministry of Youth Affairs and Sports, Govt. of India, promotes the mutual relationship and exchange of youth to foreign countries as a part of bilateral youth exchange program.

One volunteer from CEG have been selected by Ministry of Youth Affairs and Sports, Govt. of India to be a part of Indian Youth Delegation to China for a period of eight days from 3-07-2018 to 11-07-2018. Under this program volunteers visited three cities in China: Beijing, Kunming, and Guangzhou.



YOUTH HEALTH MELA

No. of beneficiaries: 2000

No. of volunteers involved: 1000

N.S.S CEG in association with Cancer Institute (WIA) organized a program towards spreading awareness about NCD among the youth by organizing a Youth Health Mela (Public awareness and motivational communication for physical activity, including mass media campaigns for attitudinal and behavioral change) on 23rd & 24th Jan, 2018. More than 1000 volunteers involved.

INTERNATIONAL YOGA DAY CELEBRATION:

The International Yoga day celebrated by NSS CEG in grand manner. The CEG NSS has given 2 hours Yoga training for NSS Volunteers in the Presence of Cap.Subash Chand, APA, NSS Regional Office, Chennai. The NSS students with trained Yoga Teacher the various training classes celebrated at Village peoples (Village name Kadapakkam, Kancheepuram Dist and Walajabad Kancheepuram Dist).





PATRIOTIC SINGING COMPETITION:



In view of promoting patriotism to the school students and people we the volunteers of NSS UNIT-4 volunteered the program conducted by ROTRACT CLUB OF MADRAS TEMPLE CITY on 26th January 2020 in Tag Auditorium, CEG.

SINGING COMPETITION

This event took place in, COLLEGE OF ENGINEERING, GUINDY (Tag Auditorium), COLLEGE OF ENGINEERING, GUINDY (Tag Auditorium). Dr. Ramesh, NSS Programme Coordinator of Anna University has also take part in this event. NSS UNIT 4 volunteers feel very proud to be a part of this activity.



Around 15 schools and corporate workers had participated in this event. About 200 students, parents, teachers were present for this event. The entire auditorium was filled with music and patriotism.





This Competition began at 9.00am with overwhelming response from the students, teachers, parents and continued till 1.00pm. The students with their crew gave the amazing performance and made the atmosphere melodious. More than 30 volunteers of us are volunteered in this event.

After that, students were given refreshments by our volunteers and cared them in a well protective manner. The judges were too honest and enjoyed the songs beautifully.

All the schools gave their participation in a well-defined manner. Finally the song "Vandhae Bharatham" sung by the CTS corporates filled the entire auditorium with high level of goosebumps and made to feel more patriotic.





Among all the participated schools, 3 schools were selected for their best performance and were given awards and certificates. All the students, teachers who came along with them were given participation certificate for their amazing performance.

Tremendous enthusiasm of the students with well-disciplined support from the teachers, timely and disciplined organization of the entire program made it a big success and end well. The programs ended by around 12.30.As soon as the program gets over lunch were provided to all.





The joy of volunteering is about giving time to a good cause, specifically helping an organization, makes both the organizers and the volunteers more happy. It also provides an opportunity to develop our new skills and build an new experience and knowledge. This program increases the level of patriotism in everyone's heart and mind.

AATRAL (AAGACHIRADHAVAN)

Aatral was conducted in the view of creating social and public awareness to the budding school children. The main focus of the event is to boost up their skills. The event was inaugurated by lighting the kuthu vilakku.









Small steps in the right direction can turn out to be the biggest step of your life.

This event took place at Vivekananda auditorium in College Of Engineering, Guindy. NSS UNIT 4 volunteers feel very proud to conduct this event. The event began at 9.00 a.m.

All the preparations needed for the event were made earlier.444 students from 12 govt schools had reached on time to take part in the event. The event began with a short inaugural function. The entire auditorium was filled w ith happy faces. The enthusiastic participation of more than 100 volunteers including alumni made the 4th edition of Aatral a grand success.



The aim of the event is to expose the brilliance of the students .The students from first standard to eighth standard participated .The events were prepared based on their capacities and they learned new things which they never known before.

EVENTS:

- Ennai Edu, Ennathai Kodu
- Paarkavaa Korkavaa
- !yarkaiyodu Inaindhidu
- Yaarendru Therigiradha?
- Thamizhodu Vilayadu
- Arindhidu Maatridu
- Karka Kasadara
- Padathai Koru , Badhilai Kooru
- Craft for teachers.





Each event had two rounds - prelims and finals. Prelims started at 10.00 am and were over by 10.45am. All the students were given refreshments. After that, Speech and fun events were conducted for those students who are not qualified for finals.





At the same time, finals were conducted for the remaining students. To engage the teachers in the event, volunteers taught them how to make handcrafts. Teachers were more enthusiastic to learn the newthings.

NAVIGATING THE NEOTRIC MINDS IN THE RIGHT WAY



After the finals, the students were gathered in the Vivekananda auditorium. Lunch was provided to the students and teachers around 12.30pm.





To induce the traditionalism in the younger minds, **DHROONA SILAMBAM** team made a **Silambam** and **Parai** performance made the entire auditorium with high level of goosebumps and made to feel more patriotic. The mimicry artist gave a wonderful performance to entertain the students.





Then a skit was presented by our volunteers based on the theme Obedience. The songs were sung by our volunteers to make the students more energetic. The motivational videos were played to enforce them to engage in good habits and believe themselves to never quit.



Among all the participated students, 3 teams from each standard were selected for their best performance and were given awards and certificates. All the students were given participation certificate and a school bag for their amazing performance.



The overall championship trophy was given to the best performed school St.Antony's Primary School. Saplings and white board were given to each school. The event concluded around 4.00 pm with the vote of thanks.

VIDHAIGAL 2020

8th EDITION AN EVENT FOR THE SPECIAL CHILDREN "DISABILITY NEED NOT BE AN OBSTACLE FOR SUCCESS" FEBRUARY 21ST 2020 , VIVEKANANDA AUDITORIUM, CEG

The Vidhaigal conducted by NSS UNIT 2 of CEG campus on 21St February 2020 is an event dedicated for the differently abled. The mission of this event is "VIDHAIPPOM VIDIYALAI NOKKI". The differently abled students (deaf and dumb, mentally challenged), 300 to 400 in number from schools in and around Chennai are invited.

The one long day event comprises of inaugural function followed by the events for the special children, lunch and talent exposure. The students were taken in a bus with NSS UNIT 2 volunteers and their care takers to Vivekananda Auditorium. The students were welcomed by the famous cartoon character "Shin Chan" and were made to sit in the auditorium. They were provided with necessary stationery items, biscuit packets, juices etc. The inaugural function is presided over by NSS Officer, Mr. Ramesh and NSS UNIT 2 Programmme Officer Mrs. Kanmani Shanmuga Priya,

IRS department. Also two special guests Mr. Rasu Ranjith, director of Theethum Nandrum, upcoming film in Tamil industry, Mr. Mogli.K.Mohan, CEO of E-Art Studios and a professional mime artist with 10 years of experience graced over the occasion.

The events for special children included Lemon and the spoon, Origami, Drawing, Pyramid building, Memory game, Picture puzzle, Quiz, Spot the difference etc. After lunch, talent exposure was planned for the special kids wherein students exhibited their talents by solo singing, solo dance, group dance, mime etc. The prizes were distributed to the winners and certificates were provided to all students. The differently- abled children were found to be more enthusiastic and were found to enjoy the event in full swing. Blessed was everyone there, who was to witness the happiness in the faces of those kids. Vidhaigal stepped into its 8th edition successfully and NSS UNIT 2 continues extending its hands to encourage and explore the talent of the special children





TREE PLANTATION



TREE PLANTATION IN ADOPTED VILLAGE



AWARENESS ON TREE PLANTATION:



A DRAMA ON AWARENESS ON TREE PLANTATION:



TREE PLANTATION BY PROGRAMME OFFICER



INDEPENDANCE DAY CELEBRATION IN OUR COLLEGE



VOTERS AWARENESS IN ADOPTED VILLAGE FOR 100%



AIDS & CANCER AWARESS IN ADOPTED VILLAGE FOR 100% NO AIDS & NO CANCER



RAIN WATER HARVESTING TO INCREASE THE WATER LEVEL IN THE EARTH FOR DRINKING WATER



GO PLASTICS IN THE ADOPTED VILLAGE



GO PLASTICS IN THE ADOPTED VILLAGE



BEACH CLEANING INAUGURATED BY CHENNAI MAYOR



SWACHH BHARAT ABHIYAN



SWACHH BHARAT ABHIYAN



SWACHH BHARAT ABHIYAN



SWACHH BHARAT ABHIYAN



SWACHH BHARAT ABHIYAN



NON BIO DEGRADABLE MATERIALS COLLLECTED FROM THE BEACH



NON BIO DEGRADABLE MATERIALS COLLLECTED FROM THE BEACH



A TALK WITH VOLUNTEERS BY PROGRAMME OFFICER



ROAD SAFETY AWARENESS PROGRAMME



ROAD SAFETY AWARENESS PROGRAMME



CELEBRATING GANDHIJI'S BIRTHDAY IN OUR COLLEGE



CELEBRATING NATIONAL DAY FOR THE MENTALLY RETARDEDPERSONS



PROVIDING FOOD TO THE MENTALLY RETARDED PERSONS



BLOOD DONATION CAMP



AWARENESS ON EYE DONATION



FIRST AID AND DISASTER MANAGEMENT TO OUR VOLUNTEERS AND VILLAGE PEOPLE



FIRST AID AND DISASTER MANAGEMENT TO OUR VOLUNTEERS AND VILLAGE PEOPLE



FIRST AID AND DISASTER MANAGEMENT TO OUR VOLUNTEERS AND VILLAGE PEOPLE



FREE VETERINARY CAMP IN THE ADOPTED VILLAGE



FREE VETERINARY CAMP IN THE ADOPTED VILLAGE



FREE EYE CAMP IN THE ADOPTED VILLAGE



FREE EYE CAMP IN THE ADOPTED VILLAGE



AWARENESS ON SAFE DIWALI CELEBRATED IN OUR COLLEGE



LAPTOP TRAINING FOR SCHOOL CHILDREN



COMPUTER HARDWARE TRAINING FOR SCHOOL CHILDREN



AWARENESS ON HIGHER EDUCATION FOR HIGHER SECONDARYSCHOOL CHILDREN



AWARENESS ON RENEWABLE ENERGY BY TEDA



AWARENESS ON RENEWABLE ENERGY - SOLAR STREET LIGHT



AWARENESS ON RENEWABLE ENERGY - SOLAR WATER HEATER



AWARENESS ON RENEWABLE ENERGY - WIND MILL



AWARENESS ON RENEWABLE ENERGY - SOLAR COOKER



SURVEY IN THE VILLAGE



SURVEY IN THE VILLAGE



CONDUCTED SPORTS COMPETITION TO PRIMARY SCHOOL CHILDREN



CONDUCTED DRAWING COMPETITION TO PRIMARY SCHOOLCHILDREN



CONDUCTED DRAWING COMPETITION TO PRIMARY SCHOOLCHILDREN



TECHNICAL TRAINING TO YOUTH & SELF GROUP



PRIZE DISTRIBUTION TO WINNERS



PRIZE DISTRIBUTION TO WINNERS



TAKING FOOD WITH PRIMARY SCHOOL CHILDREN



FELICITATION TO AYAMMA



A TALK ON ENVIRONMENTAL ISSUES TO VILLAGE PEOPLE



PROGRAMME OFFFICER WITH SCHOOL CHILDREN



REPUBLIC DAY CELEBRATION





ONE DAY WORKSHOP ON "COMPUTER LITERACY" IN RURAL AREA



ONE DAY WORKSHOP ON "COMPUTER LITERACY" IN RURAL AREA UNDER UGC - 12th PLAN



ONE DAY WORKSHOP ON "COMPUTER LITERACY" IN RURAL AREA UNDER UGC - $12^{\mbox{th}}$ PLAN



ONE DAY WORKSHOP ON "COMPUTER LITERACY" IN RURAL AREA UNDER UGC - $12^{\mbox{th}}$ PLAN



ONE DAY WORKSHOP ON "COMPUTER LITERACY" IN RURAL AREA UNDER UGC - $12^{\mbox{th}}$ PLAN



ONE DAY WORKSHOP ON "COMPUTER LITERACY" IN RURAL AREA UNDER UGC - 12th PLAN



ONE DAY WORKSHOP IN "NSS ACTIVITY"



RALLY ON NATIONAL VOTERS DAY CELEBRATION

TRINITY MIRROR FRIDAY 25 JANUARY 2013

ney vedi





Vice-Chancellor of Anna University P.Kaliraj, flagged off a National Voters day awareness campaign by Anna University NSS volunteers in Kottur, Kotturpuram, Srinagar Colony, Saidapet and Sriram Nagar areas. S.Sivanesan registrar, S.Selladurai NSS coordinator, M.Sekar, Dean,CEG participated.

BEST NSS UNIT AWARD 2011-2012





BLOOD DONATION



ORIENTATION PROGRAMME ON "GO PLASTICS"



CANCER AWARENESS PROGRAMME TO VILLAGE PEOPLE



VISITED CHILDREN HOME



AWARENESS ON PLASTICS







DONATED PLATED FOR GOVERNMENT SCHOOL STUDENTS





CELEBRATION OF SWAMI VIVEKANANDHA'S 150th BIRTH ANNIVERSARY





CELEBRATED "WORLD SUICIDE PREVENTION DAY" ON 10th SEPTEMBER.2013



INTERNATIONAL DAY OF YOGA 2018







NATIONAL YOUTH POLICY 2014





AWARENESS CREATION AMONG THE RURAL MASSES ABOUT THESAFETY OF NUCLEAR ENERGY



PLACE: Red Building

All the volunteers were asked to assemble in front of the Red Building in order to celebrate our **Republic Day**. At 8 AM our Tricoloured Indian National Flag was hoisted by the Chief Guest. After the NCC Parade was over, we had a meet. The senior volunteers instructed the junior volunteers to collect as much as fund as possible for the orphanage visit and also asked them to prepare for the activities to be done in the orphanage. Finally, the meet was concluded and attendance was taken.



PLACE: ANNAI FATHIMA ORPHANAGE, KARAPAKKAM

This was the most important day, for which every one of us were waiting for. Though our unit visited various orphanages every year, this was the first edition of our visit named 'MAATRAM' -A Change for a Cause. All the volunteers assembled at the car parking around 12 PM and we were taken to the orphanage by college bus. The children were very happy to see us, when our volunteers reached the orphanage.

At first, the volunteers played small games with them and then they conducted sports events like lemon in the spoon, throw ball, etc. Then the children were made to be seated in a hall, where our volunteers performed the various fun events like singing, dancing and skit. The joy in the face of the children who watched those fun activities cannot be explained in words.

Then, the senior volunteers provided the things which were bought for the orphanage. At the end, a group photo was taken. Then, the volunteers returned to the college by bus. Finally, attendancewas taken and the volunteers dispersed with lots of satisfaction and joy in their hearts.





PLACE: ORGANIC FARM.

On this day, everyone visited the organic farm and did some farming work. It was a nice experience for everyone. The cultivable plants in the organic farming were attractive to see. It was a pleasure for us to clean the whole organic farm and water the saplings. The juniors were guided by the seniors in the farm work. The workers in the organic farming requested us to visit the organic farming frequently. Finally, attendance was taken and everyone got dispersed.





LIBRARY BOOKS DONATION

The volunteers gathered in front of Alumni centre by about 8.00 AM. Senior volunteers of NSS Unit 12 gave some general and valuable instructions to the junior volunteers regarding their safety and about the services to be done in the camp. The volunteers started by about 11:00 AM and reached the camp site Kadapakkam by about 1:00 PM. Books donation function for the library which was inaugurated a year back by NSS UNIT 12 was organised in KVS School and it began with all the hype. The function happened with few special people-to mention, the programme officer of NSS UNIT 12, the Chairman and HM of KVS School. All the three special guests gave speeches about their views on NSS and they shared their opinions. The function concluded with their speeches. The books that were made ready for library arrangement were officially given to the school management. On that day the volunteers presented more than 1000 books to the library which was started by Unit 12 on the KVS School. The library books were donated successfully and the day ended really well.





DAY 2 SCIENCE EXHBITION AND TREE PLANTATION

A mobile exhibition truck came from Birla Planetarium and organized a small expo of sorts to give a scientific insight to the students of Govt. Boys school about the basic scientific principles. It consisted of about twelve simple science experiments about some concepts about working of electric currents and circuits, theorems like Pythagorean Theorem, principles about vibrations. It contained some important experiments like alpha, beta and gamma rays intensity and the amount of electricity that is capable of passing through the human body and then Left and Right brain conflict. And Step up transformer and step down transformer and important principles in that experiment. There were many experiments that were very useful for school children.

The exhibits which were kept for their sight were also relevant to their syllabus which would be very helpful for them to perform well in their academics. Every student got a clear idea over the experiments. The volunteers were assisted to explain the experiments to the students. Seniors guided the volunteers throughout the activity. A mini planetarium was also arranged, and an astrophysicist from the planetarium explained stuffs about the solar system and also about planets using planet models to the students of that school. After completion of exhibition we planted some tree nearthe school surrounding.







DAY 3
SPORTS DAY CELEBRATION AND CAREER GUIDANCEPROGRAMME





The volunteers conducted sports day to the students of KVS school. A sports person Ms. Sangeetha, who won gold medal in silambam at national level showed us some of her stunts in silambam which was really amazing to watch. Then programme officer Dr.Muruganandham sir gave valuable speech regarding sports and women's achievement. Later student's actively participated in all sports conducted by volunteers. Later the volunteers conducted career guidance for high school students of KVS school. The volunteers asked their aim and encouraged them and showed a way to reach their goal. The volunteers made them aware of the current educational situation need of the society and the area where there are lot of scope to shine. They gave some tips to tenth graders on how to prepare for upcoming exams and also future career options. The volunteers gave them advice to not just develop themselves academically but also to develop co-curricular and extracurricular skills. The volunteers gave information about different kind of courses to study after their schooling and interacted with them. The volunteers spent some quality time with the students. Later the volunteers went to mental disable people's home to spend good time with them. Everyone in that home shared about their life stories which were so emotional. Then we distributed some sweets which we have prepared to them. They enjoyed alot being with us.





<u>DAY 4</u> <u>MEDICAL CAMP AND HEALTH AWARENESS RALLY</u>

The day began by celebrating international yoga day. The volunteers practiced yoga postures which was taught to them by an instructor. The instructor explained about the benefits of Yoga to the volunteers. Later a medical camp has been conducted in KVS school. Student's who are studying M.B.B.S in MMC college helped us in conducting medical camp. Everyone including

staff and working people in KVS took a health check up. Later a rally was organised by volunteers to create awareness on health among the villagers. The rally goes on with unconditional dedication of volunteers who stressed the importance of health awareness by insisting the slogans about it. They also carried cards in which phrases and quotes about health awareness and slogans against smoking and drinking written in it. The volunteers raised slogans and catchy sentences against lethargy and health issues. There were also slogans regarding benefits of doing yoga. The volunteers came up with slogans that were easily reachable to the audience and funny in order to attract the notice of the general public. The volunteers have brought some changes in the minds of people.





The volunteers conducted survey over some locality in that village. The volunteers went on a survey in Kadapakkam to know their difficulties and necessities so that they could help them in some way to get rid of their difficulties. The survey was about the basic facilities they had and the facilities they lacked and needed. All the volunteers were provided sheets which consisted of questions which mainly concentrated about the basic facilities which are available to the villagers and it also covered about the sanitary facilities. The survey also included some important details like Government schemes and the government plans undertaken in that particular locality. People responded with kindness and helped the volunteers to complete the survey. By the end of survey the volunteers got to know all the problems faced by the village people. The volunteers analysed the problems in their area and reported it to the panchayat. The volunteers were able to come up with few solutions and they explained them to the officials so that it will be easy for the Panchayat to do their duties as well. After the survey the volunteers created awareness of some social issues by means of street play. So many people came to see the street play especially kids they patiently watched it. And by means of this street we have conveyed about some social issues in an interesting way which was easily understood to even kids.





DAY 1

- Visit to the Paddy field
- Tree plantation

Everyone got up at 6am in the morning and we had our Yoga session as a part of inculcating discipline. After yoga we got ready. After breakfast we went to the paddy field. Our team head Dr.Muruganandham briefed us about how they cultivate and harvest Paddy with the help of a farmer.

The farmer shared few things with us. He told how they get irrigation facility for the field and how they were affected badly by the 2004 Tsunami and the recent floods. Then he briefed us about the government facilities availed by them. He also told us about the harmness of plastic rice. Then we helped the farmers in cultivating Paddy. From this session, we understood the importance of farming.





In the afternoon, after our lunch we planned to plant saplings. We once again separated into teams and went to the respective houses we surveyed. We got their consent and planted saplings in and around their houses. We also got the assurance that they will take care of the saplings with utmost care.

Achievements:

- Learnt about farming and its importance.
- Gave new saplings to the environment.

In the afternoon, the Honorable Dean of CEG, Mrs. T.V. Geetha and the Head of the NSS cell visited our camping site .They overviewed the works done by us, shared their inspired awes in our minds with their motivational words.\





In the afternoon, after lunch the girls in the unit went to the women self-help group office. They had a small on spot talk with the self-help group members. The members briefed them about the concessions given by the government, helps rendered by the government for marriage expenses and education of their children.

Achievements:

- Cleaned the nearby pond.
- Learnt about the working of the women self-help groups.

DATE: 19.06.2017 **PLACE:** Monday.

Objectives:

- To motivate students of Govt. Middle school in the village.
- To conduct sports and games in the school and distribute prizes.

In the morning, we reached the Government Middle school in the Kadalur village. Except the team 6 which was allotted for cooking other teams were there. We separated into 2 groups each with members from all the 6 teams.

The first group students prepared charts about the easy mathematical methods to solve the problems, explained them about the SWOT analysis, gave some memory tips, asked some puzzles and awarded prizes for those who answered

In the afternoon, the second group conducted sports and games for the children. They conducted sports like bottle filling, balloon bursting, lemon and spoon, dodge ball for the primary school students and kabbadi, kho-kho for the middle schoolers. The prizes were awarded to the winners by our PO Dr.Muruganandham sir and the Government school Head Master.



Achievements:

- Motivated the students both physically and mentally.
- Had an interactive session with them.

14th ALL INDIA INTER-UNIVERSITY NATIONAL INTERGERATION YOUTH CAMP AT PUNE, MAHARASTRA:







PEACE MARCH





14th ALL INDIA INTER-UNIVERSITY NATIONAL INTERGERATION YOUTH CAMP AT PUNE, MAHARASTRA:





Extension activities in the neighborhood community in terms of impact and Sensitizing students to social issues and holistic development during the last Five years

NCC activities include creating awareness of social issue by organizing

- Anti Tobacco Rally
- Public awareness about electoral roll enrolment & general elections.
- Walkathon to spread awareness about Hepatitis B and C disorder patients.
- Halowing Marathon for Down syndrome awareness.
- Women Empowerment awareness rally.
- Roads Safety Programms NCC cadets participated 50km cycle rally to promote green living principles for cancer free environment.

YRC also organize regular activity

- Blood Donation Camps
- Road Safety Programms, Health Camps
- AIDS awareness
- First Aid Training
- Campus Cleaning

NSS activities include organizing cultural event exclusively for

- Creation and sale of products from waste.
- Visit to orphanage and conduct of game for the inmates.
- Cleaning of weeds from the on campus organic form
- Organizing on campus free eye camp and eye donation drive.
- Human formation event to raise voices in opposition to violence against women.